wearing a facemask and practising hand

hygiene before feeding the baby. In addition, it

is advisable that breast pumps are cleaned

properly after each use and, if possible, a

healthy individual is available to feed the

expressed breast milk to the infant.4+

7.2 Children and elderly

population

On the basis of the available reports, COVID-19

among children accounted for 1-5% of the

confirmed cases, and this population does not

seem to be at higher risk for the disease than

adults. There is no difference in the COVID-19

symptoms between adults and children.

However, the available evidence indicated that

children diagnosed with COVID-19 have milder

symptoms than the adults, with a low mortality

rate.\*° ? On the contrary, older people who are

above the age of 65 years are at higher risk for a

severe course of disease. In the United Stated,

approximately 31-59% of those with confirmed

COVID-19 between the ages of 65 and 84 years

old required hospitalisation, 11-31% of them

required admission to the intensive care unit,

and 4-11% died.°°